



American Osteopathic College  
of Occupational & Preventive Medicine

## AOCOPM News, January 2025



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<https://www.aocopm.org/leadership>



### Public Health Analysis Continues After First Human Bird Flu Death in US

via Medscape  
by Heidi Splete

The first human patient in the United States with a confirmed case of [avian influenza](#) has died, according to a [press release](#) from the Louisiana Department of Health. The individual was older than 65 years and had underlying medical conditions and remains the only known human case in the state.

<https://www.medscape.com/viewarticle/first-human-bird-flu-death-confirmed-united-states-2025a100008n?>



## New Blood Pressure Guidelines Simplified, Lower Treatment Target

via MDedge  
by Sue Hughes

Simplified and more aggressive targets are among the significant changes to the [updated hypertension guidelines](#) released by the European Society of Cardiology. For most treated patients, the new systolic blood pressure goal is a target of 120 mm Hg to 129 mm Hg, which is a move away from the previous two-step recommendation.

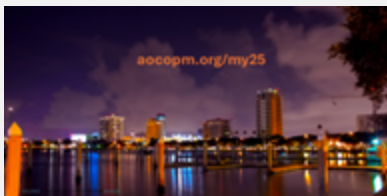
<https://www.mdedge.com/cardiology/article/270596/hypertension/new-blood-pressure-guidelines-simplified-lower-treatment?ecd=WNL EVE 241231 mdedge&uac=478702BT&sso=true>



## 2024 Midyear Educational Conference Now Online

The 2024 Midyear Educational Conference is now available on demand at AOA Online Learning: <https://aoaonlinelearning.osteopathic.org/mod/page/view.php?id=8221>

AOCOPM Member [Discount Code](#) is in the Member Center.



## It's Time to Register for the 2025 Midyear Educational Conference and OPAM Workshop: Basic Course in Occupational Medicine, Part II

Check out the [agenda](#) and then get registered!

- [Midyear Educational Conference](#), April 10-12, 2025
- OPAM Workshop: [Basic Course in Occupational Medicine](#), Part II, April 12-13, 2025
- Florida Topics offered on Thursday, April 10, 2025 (one-day registration is available)

[Register for the 2025 Midyear and/or BCII](#)



## Register for DO Day

Two impactful ways to participate in DO Day 2025:

### March 22-23 | Virtual conference

Registration includes specialized learning tracks for physicians, medical students, and affiliate leaders focused on advocacy leadership, federal and state legislative priorities, state grassroots advocacy, regulatory and payment policy, and more.

### March 26-27 | In-person congressional meetings

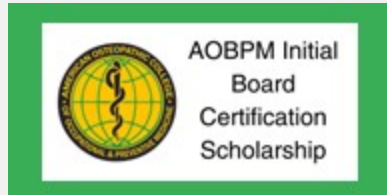
Registration includes **both** the in-person briefings and congressional meetings in Washington,

D.C. and participation in the virtual conference.

**Both options allow you to earn up to 12 credit hours of CME!**

**Registration is now open.** All DO Day registrants, in-person or virtual, will have access to on-demand recordings on the conference platform through June 2025.

[Learn More.](#)



## Board Scholarships Available

AOCOPM is offering full scholarships for initial AOBPM certification exams!

Learn more: <https://www.aocopm.org/aobpm-scholarship>

### Contact Info:

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### Did We Miss Something? Do You Have News to Share?

Send your information to [ronda@aocopm.org](mailto:ronda@aocopm.org)  
(You can post on AOCOPM's social media, too)

### Connect with Us:

